



THE MIDWEST BOOK REVIEW

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The Cookbook Shelf

The Traveling Soup Pot, A Savory Journey Through Many Lands
Mary Chamberlin, author
Foreword by Michel A. Escoffier
Mary Chamberlin Cookbooks
2750 Carmel Knolls Dr., Carmel, CA 93923
9781935530275 \$35.00 www.TravelingSoupPot.com

"The Traveling Soup Pot" is a master's collection of delectable international soup recipes inspired and influenced by Chef Mary Chamberlin, along with her husband, Captain Roy Chamberlin and the legendary Michel Escoffier, descendant of Auguste Escoffier, also known as "the King of Chefs and the Chef of Kings." Here are over 100 imaginative soup recipes from global sources, arranged by area of origin. We have Mock Bird's nest Soup from China, Alan Wong's Red & Yellow Tomato Soup from Hawaii, Chicken Mulligatawny Soup from India, Portuguese Fish Stew, Swedish Soup with Dumplings, Lobster Bisque and Crabmeat & Brie Soup from France, Chilled Vichyssoise from England, Irish Stew, Leek & Potato Soup from Wales, chilled soups, Island soups, Mexicali Tortilla Soup, and finally Clam Chowder New California style, and many more from the American continent and others of hybrid or mixed origins. Recipes are divided into chapters based on origin, or type, such as chilled soups. An interesting 10th chapter offers "From Hobo to Must Go Soups," a combination of upscale versions of Hobo Stew, Mulligan Stew, and leftover miracle worker soup. Standard measurements and clear, step by step instructions make these fabulous soups accessible to all. A bit of culinary history is woven into each recipe, fascinating details that make the experience of offering of "The Traveling Soup Pot" all the more savory. Here indeed are fabulous gourmet and comfort food classic soups for every taste and budget. This edition is also spectacularly presented, with a special illustration of a Ford Tri-Motor airplane from the Roaring 20's on the cover, carrying a wandering, giant covered soup pot! Colored photos also decorate the chapters and further inspire the gourmet soup chef, amateur or not.